

Observer Tribune

Mendham residents can learn dangers of 'new-age' smoking devices

Posted: Friday, November 7, 2014 3:00 am

A program on the dangers of new-age smoking devices will be hosted on Thursday, Nov. 20, by the Bernards Township Municipal Alliance Against Substance Abuse and the Bernards Township Health Department, which serves the Mendhams and Chester.

The program will begin at 7 p.m. in the Warren Craft Room at Bernards Township Town Hall, 1 Collyer Ave., Basking Ridge.

The program, “What Are You Really Smoking?” is intended to educate the public on the hazards of smoking devices like electronic cigarettes, vape pens and hookah sticks, as well as present research on the harmful effects of tobacco, marijuana, and synthetic marijuana on the human body and brain, said a statement.

The program is intended to teach both professionals and community members about the harmful effects of smoking. It will take place on the night of the Great American Smokeout, a day designated by The American Cancer Society to encourage smokers to make a plan to quit, or to plan in advance to quit smoking on that day.

In addition to tobacco, “What Are You Really Smoking” will cover electronic smoking devices, marijuana, and K2 (synthetic marijuana). Both electronic smoking devices and marijuana use is prevalent in the area while electronic smoking devices in particular have become very popular among adolescents, the statement said.

“There is little to no regulation on these new products,” said Kaitlin Kordusky, Municipal Alliance Grant Coordinator, “It’s so important that the public stays aware of the damaging items they’re putting in their body. I hope through this program we’ll be able to teach the public that electronic smoking devices are harmful instead of helpful and that smoking products in general are foreign and toxic to the human body.”

“What Are You Really Smoking” will be presented by speakers from New Jersey Global Advisors on Smokefree Policy (GASP) as well as Daytop in Mendham.

For reservations and information call (908) 204-2523 or email
KKordusky@bernards.org

http://newjerseyhills.com/observer-tribune/news/mendham-residents-can-learn-dangers-of-new-age-smoking-devices/article_0804596d-1580-5cd5-9611-e9642cdfccb8.html